

## 24-HOUR QUESTIONS FOR DAY 1 2 3 4 (Please ring one)

**Ring one**

Yes / No

Did you use the **forgotten foods** list (item 3 of protocol)?

Yes / No

Did you **review** the day's food after completing the detailed record (item 5 of protocol)?

Yes / No

Have you **asked the respondent** to give you a **place** name for each eating occasion (item 6 of protocol)?

Yes / No

Have you **checked the respondent's** food store for any missing **brand** names (item 7 of protocol)?

**HAND SUBJECT CARD 2 AND ASK:**

1. Please look at Card 2 and tell me if yesterday you had any of the dietary supplements listed whether in tablets, capsules or liquid form.

Yes / No

If Yes, please record below

Supplement number (from card)	Name of supplement	Brand of supplement	Strength of supplement (if applicable)	Number of units taken <sup>§</sup>

<sup>§</sup> Unit may be a tablet, capsule or spoonful

**2a. ASK:** Did you have any plain drinking water yesterday, either from a tap or bottle, that you have not already mentioned (including water taken with medicines)?

<sub>1</sub>

Yes

**(RECORD ON FOOD CONSUMPTION RECORD)**

<sub>2</sub>

No

**3a. ASK:** Was the amount of food that you had yesterday about what you usually have, less than usual, or more than usual?

<sub>1</sub>

Usual amount

**(GO TO QUESTION 4a)**

<sub>2</sub>

Less than usual

**(GO TO QUESTION 3b)**

<sub>3</sub>

More than usual

**(GO TO QUESTION 3c)**

<sub>4</sub>

Don't know

**(GO TO QUESTION 4a)**

**3b. ASK:** What is the main reason that the amount you had to eat yesterday was less than usual?  
**CODE ONLY ONE. DO NOT PROMPT FOR RESPONSE**

- <sub>1</sub> Sickness
- <sub>2</sub> Short of money
- <sub>3</sub> Little food in the house
- <sub>4</sub> Travelling
- <sub>5</sub> At a special occasion or on holiday
- <sub>6</sub> On a special day
- <sub>7</sub> Weekend day
- <sub>8</sub> Too busy
- <sub>9</sub> Not hungry
- <sub>10</sub> Dieting
- <sub>11</sub> Fasting
- <sub>12</sub> Bored or stressed
- <sub>13</sub> Working shifts
- <sub>14</sub> Don't know
- <sub>15</sub> Some other reason (specify) \_\_\_\_\_

**GO TO QUESTION 4a.**

**3c. ASK:** What is the main reason that the amount you had to eat yesterday was more than usual?  
**CODE ONLY ONE. DO NOT PROMPT FOR RESPONSE**

- <sub>1</sub> Just got some money
- <sub>2</sub> Travelling
- <sub>3</sub> At a special occasion or on holiday
- <sub>4</sub> On a special day
- <sub>5</sub> Weekend day
- <sub>6</sub> Very hungry
- <sub>7</sub> Bored or stressed
- <sub>8</sub> Working shifts
- <sub>9</sub> Don't know
- <sub>10</sub> Some other reason (specify) \_\_\_\_\_

**4a. ASK:** Was the amount of drink that you had yesterday about what you usually have, less than usual, or more than usual?

- <sub>1</sub> Usual amount (*if child [2-17] GO TO QUESTION 5a, if adult GO TO QUESTION 6*)
- <sub>2</sub> Less than usual (**GO TO QUESTION 4b**)
- <sub>3</sub> More than usual (**GO TO QUESTION 4c**)
- <sub>4</sub> Don't know (*if child [2-17] GO TO QUESTION 5a, if adult GO TO QUESTION 6*)

**4b. ASK:** What is the main reason that the amount you had to drink yesterday was **less than usual?**  
**CODE ONLY ONE. DO NOT PROMPT FOR RESPONSE**

- <sub>1</sub> Sickness
- <sub>2</sub> Short of money
- <sub>3</sub> Little food in the house
- <sub>4</sub> Travelling
- <sub>5</sub> At a special occasion or on holiday
- <sub>6</sub> On a special day
- <sub>7</sub> Weekend day
- <sub>8</sub> Too busy
- <sub>9</sub> Not thirsty
- <sub>10</sub> Dieting
- <sub>11</sub> Fasting
- <sub>12</sub> Bored or stressed
- <sub>13</sub> Working shifts
- <sub>14</sub> Don't know
- <sub>15</sub> Some other reason (specify) \_\_\_\_\_

**IF CHILD GO TO QUESTION 5a**  
**IF ADULT GO TO QUESTION 6**

**4c. ASK:** What is the main reason that the amount you had to drink yesterday was **more than usual?**  
**CODE ONLY ONE. DO NOT PROMPT FOR RESPONSE**

- <sub>1</sub> Just got some money
- <sub>2</sub> Travelling
- <sub>3</sub> At a special occasion or on holiday
- <sub>4</sub> On a special day
- <sub>5</sub> Weekend day
- <sub>6</sub> Very thirsty
- <sub>7</sub> Bored or stressed
- <sub>8</sub> Working shifts
- <sub>9</sub> Don't know
- <sub>10</sub> Some other reason (specify) \_\_\_\_\_

**IF CHILD GO TO QUESTION 5a**  
**IF ADULT GO TO QUESTION 6**

5a. *[For children only]*  
**RECORD:**

- <sub>1</sub> PRIMARY RESPONDENT IN 24-HOUR RECALL WAS CHILD  
<sub>2</sub> PRIMARY RESPONDENT IN 24-HOUR RECALL WAS PARENT/CARER  
<sub>3</sub> BOTH CHILD AND PARENT/CARER PROVIDED EQUAL AMOUNTS OF INFORMATION

**GO TO QUESTION 5b**

5b. *[For children only]*  
**ASK (If not already known):**

Name of parent/carer: \_\_\_\_\_

Relationship to child: \_\_\_\_\_

Is this person the main food provider for the child?

**Ring one**  
Yes<sub>1</sub> /No<sub>2</sub>

6. *[For adults and children]*  
**RECORD:**

Who else was present during the interview?

**CODE RELATIONSHIP TO RESPONDENT (i.e. person about whom recall is being conducted).**  
**CODE ALL THAT APPLY**

- <sub>1</sub> NO ONE ELSE PRESENT  
<sub>2</sub> SPOUSE/PARTNER  
<sub>3</sub> CHILDREN  
<sub>4</sub> PARENT/CARER  
<sub>5</sub> OTHER FAMILY MEMBERS  
<sub>6</sub> VISITORS  
<sub>7</sub> OTHER (specify) \_\_\_\_\_

7. **RECORD:**

TIME AT WHICH INTERVIEW FINISHED (24-HOUR CLOCK) \_\_\_\_\_:

8. **ARRANGE THE NEXT 24-HOUR RECALL**

# INTERVIEWER FEED BACK QUESTIONNAIRE – 24-hour recall

PLEASE RECORD THE FOLLOWING IMMEDIATELY AFTER THE INTERVIEW

**1. RECORD:**

- <sub>1</sub> INTERVIEW CONDUCTED IN PERSON
- <sub>2</sub> INTERVIEW CONDUCTED BY TELEPHONE (THIRD RECALL ONLY)

**2. What language was the interview conducted in?**

- <sub>1</sub> ENGLISH
- <sub>2</sub> OTHER .....SPECIFY LANGUAGE AND NAME OF TRANSLATOR

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**3. Is this the respondent's first language?**

- <sub>1</sub> YES
- <sub>2</sub> NO

**4. Did you or the respondent have difficulty with this interview?**

- <sub>1</sub> YES (**GO TO QUESTION 5**)
- <sub>2</sub> NO (**GO TO QUESTION 6**)

**5. What was the reason for this difficulty?**

- <sub>1</sub> Did not understand questions
- <sub>2</sub> Did not prepare food
- <sub>3</sub> Foods were eaten away from home
- <sub>4</sub> Poor memory of food
- <sub>5</sub> Sick
- <sub>6</sub> Language barrier
- <sub>7</sub> Uncooperative / Impatient
- <sub>8</sub> Not ascertained
- <sub>9</sub> Frequent interruptions
- <sub>10</sub> Other (Specify .....)

**6. Overall, how well do you think the record reflects what the respondent ate and drank over this 24-hour period?**

- <sub>1</sub> Good
- <sub>2</sub> Moderate
- <sub>3</sub> Poor

**7. Please add any additional comments you have in the box below**